

JACK RYAN KAUFMAN

Email jack.kaufman@utsouthwestern.edu
Office Phone 214-645-5769
ORCID 0009-0004-3673-8741
Affiliations UT Southwestern Medical Center, Parkland Health,
McLean Hospital (MGH), Stony Brook Medicine

Education

Doctor of Philosophy Expected May 2027
Dallas, Texas: [University of Texas Southwestern](#)
Department of Psychiatry, Clinical Psychology
APA Accredited Clinical Psychology Ph.D. Program
APA Accredited Internship in Clinical Psychology
Dissertation: *Carepartners in Electroconvulsive Therapy*

Masters of Arts May 2019
Tel Aviv, Israel: [Tel Aviv University](#), Lester and Sally Entin Faculty of the Humanities, Major: Middle Eastern Studies

Bachelor of Arts April 2017.
Gainesville, Florida: [University of Florida](#), College of Liberal Arts & Sciences, Major: Linguistics, Minor: Arabic Languages

Clinical Experience

Fall 2025 to Present ***Intern***, Consult Liaison (CL) Psychology/Psychiatry Service
Parkland Health & Hospital System (UT Southwestern APA-Accredited Clinical Psychology Internship Program)

Supervisors: [Amor Correa, PhD](#), [Christian Goans, PhD](#), [Kim Roaten, PhD](#)

Role: Conduct diagnostic interviews and brief therapeutic interventions with medically hospitalized patients. Provide evidence-based treatments including crisis intervention, suicide risk assessment, motivational interviewing, and brief therapy for depression, anxiety, grief, trauma, and others. Participate in interdisciplinary rounds and collaborate with medical teams to integrate behavioral health into hospital-based and bedside settings.

Fall 2024
to Present

Student Clinician, Southwest Psychotherapy Clinic
University of Texas Southwestern Medical Center

Supervisors: Mary Ann Little, PhD, Martin Deschner, PhD

Role: Responsibilities include provision of psychotherapy services for individuals presenting to a low-cost, trainee-led clinic.

Fall 2025
to Winter 2024

Student Clinician, Psychiatric Emergency Department, Parkland Health & Hospital System

Supervisors: Eneida Miranda, DO, Dennis Le, MD

Perform clinical interviews intakes for patients presenting to the emergency department.

Fall 2024
to Summer 2024

Practicum Student, Population Health/Community Oriented Primary Care; Irving Health, Southeast Dallas Health, CV Roman Health Centers
Parkland Health & Hospital System

Supervisors: Jeethu Joseph, PhD, Jennifer Guerrero, PhD, Natasha Benatti, PsyD

Responsibilities include provision of individual psychotherapy services (and diagnostic intake evaluations) to people referred from family medicine (and for trauma-focused therapies). Performed warm handoffs to integrate behavioral health into the primary care setting.

Summer 2022
to Summer 2023

Psychometrist II, Neuropsychology Clinic
Psychiatry, University of Texas Southwestern (UTSW) Medical Center

Director: Laura Lacritz, PhD

Administer and score neuropsychological assessments under the supervision of a neuropsychologist (population: pre-surgical evaluations, neurocognitive dysfunction, mood disorders); score test results and report behavioral observations from assessments.

Research Experience

Summer 2023
to Present

Graduate Student Researcher, Interventional Psychiatry Research Program: Psychiatry, UT Southwestern Medical Center

Director: Shawn McClintock, PhD, MSCS

Perform and train staff in clinical interviews and neurocognitive assessments for study participants with treatment-resistant depression and bipolar disorder, including on-unit during Electroconvulsive Therapy.

Projects: Informing Functional and Health Outcomes of Carepartners in Electroconvulsive Therapy, Deciphering Mechanisms of ECT Outcomes and Adverse Effects (R01, NIMH)

Summer 2022
to Summer 2023

Assistant Imaging Scientist, Alleviating Symptoms through Psychiatric Imaging Research & Engineering (ASPIRE) Lab

Psychiatry and Behavioral Health, Stony Brook University (SBU)

PI: Jodi Weinstein, MD

Assist in setting up and carrying out analysis pipelines for MR spectroscopy and neuromelanin-sensitive MRI data. Assist in developing and maintaining IT systems including virtual computing and data storage/organization, and maintenance and development of lab website.

Projects: Towards an Integrated Understanding of Neurotransmitter Dysfunction in Schizophrenia: a Multimodal MRI Study (K23, NIH), Understanding the of the Role of the Cholinergic System in Schizophrenia - Using [18F]-VAT PET

Summer 2020
to Summer 2022

Research Coordinator, Mood and Cognition in Aging Lab
Psychiatry and Behavioral Health, Stony Brook University

PI: Sara Weisenbach, PhD

Serve as the fMRI specialist for the lab, credentialed to self-administer scans, take participants through task- (E-prime) based procedures and conduct all preprocessing and high-level analyses. Set-up and administer virtual and in-person neuropsychological batteries including physiological data collection with BioPac and AcqKnowledge (using ECG and EDA/GSR). Run Structured Clinical Interviews for DSM-5 among a larger clinical diagnostic assessment

Projects: Emotion Regulation in Depression and the Aging Brain (R01, NIMH), Cognitive, Clinical, and Neural Markers of Late Life Depression (IK2, VA NIH), Using Resting State Functional MRI to Predict Cognitive Decline among World Trade Center Responders (R21, CDC)

Winter 2017
to Summer 2017

Research Assistant, Neural Control of Movement Lab

Brain Rehabilitation Research Center, US Dept. of Veteran's Affairs -
Gainesville, FL

PI: Carolynn Patten, PhD, DPT

Carried out consent visits, administered cognitive tasks, and helped with rTMS administration for a project on motor recovery interventions in neuropathological patients. Administered and scored neuropsychological assessments under the supervision of a neuropsychologist (population: pre-surgical evaluations, neurocognitive dysfunction, mood disorders); score test results and report behavioral observations from assessments.

Fall 2014
to Spring 2015

Research Assistant, NeuroICU Research Lab
Center for Translational Research in Neurodegenerative Diseases -
Gainesville, FL

PI: Dr. Sylvian Doré, PhD, FAHA

In charge of sectioning slice preparations (using cryostat) of mouse brains for a pre-clinical hemorrhagic stroke modeling project and developing a new Western Blot protocol.

Other Professional Experience

Summer 2024
to Present

Research Lead, We Defy Foundation
McKinney, Texas

Oversee all research related projects for the organization including internal program development and university-led studies which focus on outcomes of Brazilian Jiu Jitsu and fitness training for combat veterans coping with military connected disabilities.

Fall 2020
to Summer 2023

Grand Rounds Coordinator, Psychiatry & Behavioral Health
Stony Brook, New York

Schedules and coordinates speaker invitations, fields questions and requests for information about Grand Rounds, creates and monitors live talks providing virtual and in-person support, and maintains the electronic infrastructure of the committee's data, planning and analytics.

Spring 2019
to Spring 2020

Personal Trainer, Athletic Coach, Group Fitness Instructor
Midtown Athletic Club - Chicago, Illinois

Program design and implementation of fitness plans and client (and group) education for exercise technique and safety as a National Federation of Professional Trainers - Certified Personal Trainer.

Publications

- 07 (In Development) Guan DX, **Kaufman JR**, Ismail ZI, Vahia IV, Weisenbach SL, Patrick RE. (2026) *Real-world affective experience and emotion regulation in middle-aged and older adults with a history of depression: A 14-day smartphone-based ecological momentary assessment study*
- 06 (Under Review) **Kaufman JR**, Patrick RE, Gregg A, Dickinson R, Maciarz J, Kim J, Koppelmans V, Ren B, & Weisenbach SL. (2026) *Smartphone-Based Ecological Momentary Assessment and Late Life Depression. Journal of Affective Disorders*
- 05 (Revision Submitted) Hutnyan M, **Kaufman JR**, Sanders G, Driskill T, Cullum CM (2025) *Telehealth Cognitive Screening Using a Short-Form Verbal Fluency Task*, Archives of Clinical Neuropsychology
- 04 Gregg A, Kim J, **Kaufman JR**, Maciarz J, Koppelmans V, Langenecker SL, Patrick RP, Weisenbach SL. (2025) *Another dualism: cognitive versus personality predictors of rumination in later life depression. Journal of Clinical and Experimental Neuropsychology*, 1-10. doi.org/10.1080/13803395.2025.2549999
- 03 Patrick RE, Dickinson RA, Gregg A, **Kaufman JR**, Maciarz J, Merrill JG, Williams LA, Weisenbach SL (2024) *Review of Emotion Regulation in Late Life Mood Disorders*, Journal of psychiatry and brain science, 9(6), e240008. doi.org/10.20900/jpbs.20240008
- 02 Armstrong MA, **Kaufman JR**, Maciarz J, Sullivan D, Kim J, Koppelmans V, Langenecker SA, Weisenbach SL (2024) *The relationship between personality and cognition in older adults with and without early-onset depression*. Frontiers in psychiatry, 15, 1337320. doi.org/10.3389/fpsy.2024.1337320
- 01 **Kaufman JR**, Fatima H, Lacritz LH, Cullum CM (2024) *Utility of a Short-Form Phonemic Fluency Task*, Archives of Clinical Neuropsychology, acae022. doi.org/10.1093/arclin/aca022

Poster Presentations & Abstracts

- 15 (submitted) **Kaufman JR**, Cullum CM, *Brazilian Jiu-Jitsu as a Therapeutic Intervention for Combat Veterans*. 2026 American Psychological Association Annual Convention

- 14 (accepted) **Kaufman JR**, Kim E, Armstrong M, Maciarz J, Weisenbach SL. *Functional Disabilities and Life Satisfaction: The Role of Perceived Stress as a Mediator*. 2026 Society of Biological Psychiatry Annual Meeting
- 13 (accepted) Elsharydah MN, Saha A, Schaffert J, **Kaufman JR**, Leary J, Jin A, Almandoz J, Thomas BP. *Regional Cerebral Perfusion and Cognitive Function are Lower in Type 2 Diabetes with Obesity*. 2026 International Society for Magnetic Resonance in Medicine Annual Conference
- 12 **Kaufman JR**, Weisenbach SL. *Latent Aspects of Late-Life Depression: Exploring the Role of Childhood Trauma and Personality*. American Association for Geriatric Psychiatry 2025 Annual Meeting
- 11 Gregg A, Kim J, **Kaufman JR**, Maciarz J, Koppelmans V, Langenecker SL, Patrick RP, Weisenbach SL. *Another Dualism: Cognitive versus Personality Predictors of Rumination in Later Life Depression*, American Association for Geriatric Psychiatry 2025 Annual Meeting
- 10 **Kaufman JR**, Patrick RE, Maciarz J, Kim J, Koppelmans V, Ren B, & Weisenbach SL. (2024) *Cognitive Control and Late Life Depression: Insights from Smartphone-Based Ecological Momentary Assessment*. *Biological Psychiatry*, Volume 95, Issue 10, S196. DOI: doi.org/10.1016/j.biopsych.2024.02.470
- 09 **Kaufman JR**, Fatima H, Lacritz LH, Cullum CM. *Short form (30-Second) Phonemic Fluency in Older Adults: As Good as the Standard?*. International Neuropsychological Society (INS) 2024 Annual Meeting, New York, NY.
- 08 Soto C, Nandy K, Lacritz LH, Cullum CM, Dewey, Jr. RB, Ryman SR, Husain MM, **Kaufman JR**, Bernstein IH, McClintock SM. *Limited Association of the NIH Toolbox Cognition Battery and Standard Neuropsychological Measures in Patients with Parkinson Disease*. International Neuropsychological Society (INS) 2024 Annual Meeting, New York, NY.
- 07 Maciarz J, Koppelmans VK, Palmer D, **Kaufman JR**, Armstrong MA, Weisenbach SL. *Dual Task Cost in Older Adults with and without Lifetime History of Depression*. International Neuropsychological Society (INS) 2024 Annual Meeting, New York, NY.
- 06 Harrell MN, Patrick RE, Maciarz J, **Kaufman JR**, Armstrong M, Langenecker SA, Koppelmans VK, Kim J, Weisenbach SL. (2024) *The Impact of Emotion Regulation Strategy on Recall for Emotional Versus Non-Emotional Stories in Older Adults*
- 05 Malik H, **Kaufman JR**, Armstrong M, Maciarz J, Palekar N, Kim J, Koppelmans, V, Welsh RC, Langenecker SA, Weisenbach SL. (2023) *Examining Biological Sex and Depression as Potential Moderators for Specific Emotion-Regulation (ER) Strategies in Older Adults*. *American Journal of Geriatric Psychiatry*.

- 04 **Kaufman JR**, Armstrong M, Maciarz J, Palekar N, Kim J, Koppelmans, V, Welsh RC, Langenecker SA, Weisenbach SL. (2023) *Sex Differences in Emotion Regulation and Emotional Awareness in Middle Aged and Older Adults*. Journal of the International Neuropsychological Society.
- 03 Weisenbach SL, Clouston SA, **Kaufman JR**, Koppelmans, VK, Langenecker SA, Pellecchia AC, Smith AJ, Carr MA, Huang C, Bromet EJ, Palekar N, Welsh RC, Luft BJ. (2023) *The Impact of PTSD and Mild Cognitive Impairment on Resting State Brain Functional Connectivity in World Trade Center Responders*. Journal of the International Neuropsychological Society.
- 02 **Kaufman JR**, Kim J, Bradford A, Germain J, Patron V, Grubman N, DelDonno S, Koppelmans VK, Welsh RC, Langenecker SA, Weisenbach SL. (2021) *Reward Processing in Late Life Depression: Insights From the Monetary Incentive Delay Task*. Biological Psychiatry, Volume 89, Issue 9, S303 - S304. DOI: <https://doi.org/10.1016/j.biopsych.2021.02.757>
- 01 **Kaufman JR**, Kim J, Bradford A, Germain J, Patron V, Grubman N, DelDonno S, Koppelmans VK, Welsh RC, Langenecker SA, Weisenbach SL. (2021) *Predicting Older Adults' Subjective Well-Being and Resilience Through Executive Functioning*. Archives of Clinical Neuropsychology 36(6):1208-1208. DOI: [10.1093/arclin/acab062.172](https://doi.org/10.1093/arclin/acab062.172)
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Oral Presentations & Symposia

- 05 (submitted) **Kaufman JR**, Jesse M, Pickenpaguh E (2026) *The Development of a Consultation-Liaison Psychologist: From Training to Building a Service*. American Psychological Association Annual Meeting
- 04 (accepted) Rao SR, Al-Khoury Y, Elsharydah MN, Saha A, Rezaei A, Schaffert J, **Kaufman JR**, Leary J, Jin A, Almandoz J, Gauthier C, Thomas BP. *Impaired Cerebral Oxygen Metabolism and Cognition in Type-2 Diabetes is Reversed by Novel GIP/GLP-1 Receptor Agonist Therapy*. 2026 International Society for Magnetic Resonance in Medicine Annual Conference
- 03 (accepted) Saha A, Shi W, Elsharydah MN, Schaffert J, **Kaufman JR**, Leary J, Jin A, Almandoz J, Lu H, Thomas BP. *Type 2 Diabetes in Older Adults is Associated with Increased Blood Brain Barrier Permeability and Reduced Cognitive Function*. 2026 International Society for Magnetic Resonance in Medicine Annual Conference
- 02 Patrick R, **Kaufman JR**, Weisenbach SL. (2024) *The Impact of Current and Remitted Late Life Depression on Trajectories of Attention and Processing Speed Using Smartphone-Based Cognitive Assessment*. American Academy of Geriatric Psychology Annual Meeting

- 01 Weinstein JJ, Dalton A, **Kaufman JR**, Choi IY, Kreis R, Juchem C. (2023) *Toward the use of MRS methodological consensus by the clinical research community - An assessment of dissemination results*. *Magnetic Resonance in Medicine*.
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Invited Talks & Engagement

- October 2025 **Panelist** – “From Interest to Impact: How We Got Into C-L Psychology”
Society for Health Psychology, Consultation-Liaison Psychology Interest Group
- April 2025 **Speaker** – “Brazilian Jiu-Jitsu for Disabled Combat Vets: A Primer”
Steven A. Cohen Military Family Clinic at Metrocare, Dallas, TX
- March 2025 **Speaker** – “Electroconvulsive Therapy: Clarifying Misperceptions and Informing Realistic Perceptions”; UT Southwestern Clinical Psychology Didactics, Dallas, TX
- October 2024 **Presenter** – De-escalation Training for Behavioral Health Nursing - Psychiatry, Parkland Hospital, Dallas, TX
- August 2024 **Presenter** – Trauma-Informed Self-Regulation: Using Neurobiology to Manage Stress: Nursing - Psychiatry, Parkland Hospital, Dallas, TX
- July 2024 **Presenter** – Integrating Trauma-Informed Care into Diabetes Management
Healthy Living with Diabetes Conference, Parkland Hospital, Dallas, TX
- April 2024 **Guest Speaker** – The Biopsychosocial model and Mental Health
Future Doctors Program - Psychiatry and Neurology Session, L.G. Pinkton High School, Dallas, TX
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Affiliations

- 2025 – Present **Student Representative**
CL SIG, Society for Health Psychology (SfHP)
- 2024 – Present **Trainee Subcommittee Member**
Society of Biological Psychiatry (SOBP)
- 2023 – Present **Member**
Society for Health Psychology (APA Division 38)
- 2023 – Present **Member**
American Psychological Association of Graduate Students (APAGS)

2023 – Present **Member**
Mindfulness Student Association - UT Southwestern Medical Center

2023 – 2024 **Member**
International Neuropsychological Society (INS)

Grants, Awards & Honours

Jan 2026 *Grantee* – Jerry M. Lewis, M.D., Mental Health Research Foundation
Research Project Support, Carepartners in Electroconvulsive Therapy

May 2024 *1st Place* - UTSW Translational Challenge: T1 – T4 Presentations in Lay
Language in 3 minutes, Department of Clinical & Translational Research

April 2019 *magna cum laude* - Tel Aviv University

May 2017 *cum laude* - University of Florida

Credentialing & Certifications

Focused ACT for Brief Interventions

Mental Health First Aid - National Council for Mental Wellbeing

CPR Certified – American Heart Association